DIARY DATES

Mon 28th April  School Development Day
Tues 29th April  Term 2 begins
Thurs 8th May  Students return
Friday 9th May  Yr 7 and Yr 9 boys vaccinations
Tues 13th - 15th May  Cross Country
Mon 19th May  NAPLAN
Mon 26th -30th May  Athletics Carnival
Mon 9th June  Years 7-10 half yearly exams
Thurs 12th June  Public Holiday
Fri 27th June  Zone Cross Country

P&C/CLO REPORT

It’s hard to believe that Term 1 has already come and gone, but here we are at the end of what has been an extremely busy and rewarding start to the year. Congratulations to our elected office-bearers for 2014. They are:

President : Melanie Cutts
1st Vice President : Maryanne Varu
2nd Vice President : Belinda Trudgen
Secretary : Judith Ferderer
Treasurer : Rob Hodgson

I am looking forward to working with everyone involved with the P&C this year and it has been wonderful to welcome a number of new members to our small but very committed group. I am sure that the fundraising ideas and general suggestions to help improve our school that have already been discussed at our meetings will have a great impact on the teaching and learning that happens here at Airds High School. It would still be wonderful to see more parents and community members at our meetings and becoming involved with the many activities that happen in our school throughout the year. Our meetings are held on the first Wednesday of every month at 10:15am in the Staff Common Room. Everyone is welcome and we would love to see you there.

Our students have been engaged in some very creative and productive learning this term, as was evident at the Year 7 Showcase held in Week 7. Many of our parents were very impressed with the quality of work their children had produced in such a short space of time and the students were very proud to have the opportunity to show their families what they had been doing as they started their high school journey. Thank you to all the parents, carers and community members who came along to have a look at their children’s work and to meet the teachers who had worked so hard to make the transition from primary to high school as smooth as possible. Thank you also to Mr Rob Hodgson who cooked all the sausages for the afternoon on the BBQ. It was a very hot day and his time and effort was very much appreciated. Thank you to everyone who worked so hard to make this afternoon a

NEXT P&C MEETING

WEDNESDAY 7th May 2014
AT 10:15 am
IN THE STAFF COMMON ROOM
WOULD LOVE TO SEE YOU THERE!

Check our website: airds-h.schools@det.nsw.edu.au
success and we look forward to further displays of such wonderful work in the future.

This term saw us mark Harmony Day, an international celebration of our cultural diversity, by having the staff and students wear something orange to school. The day was well supported by many people here at school and gave everyone the opportunity to think about the importance of eliminating racial discrimination and promoting harmony amongst all people. Days such as Harmony Day will raise awareness of the issues and encourage all of us to do something about making changes so that our world is a more harmonious place.

In Week 10 Airds High School held a ‘Go Blue’ for Autism Awareness Day. It was a great success with a number of whacky and wonderful wigs being worn by students and staff, as well as coloured hair and blue accessories. The cake stall was very popular at recess time and raised a good amount of money that will be donated to a charity that supports the families of children with autism. It is our hope that there will be many more days such as Harmony Day and Blue Day in order to raise awareness of the many issues within our community that need to be acknowledged and addressed. Thank you to everyone who supported these days and contributed to two very worthwhile causes.

Finally, I would like to wish you all a very happy Easter and a safe, relaxing and enjoyable holiday. I look forward to seeing you next term and working with everyone here at Airds High School.

Ms M Cutts
P&F President

PICLO REPORT

Fakaalofa lahi atu is a Niuean greeting and literally means “Welcome are you”

UWS Pathe coordinator Andrew Kaleopa presented a workshop for students from Years 7-8. The focus was on getting the students to start thinking about their future and taking those first steps to reaching their goals, some topics included,

- Realising your potential
- The importance of goal setting
- Preparation is key

Students were asked what they wanted to become in the future and how and what subjects would benefit them the most so that they could reach their goals. It gave students the opportunity to start thinking about their future prospects and how they could prepare for a career. Mr Kaleopa was impressed with how well the students behaved and also the variety of career choices the students came up with.

Unfortunately the Pacifica combined Nesian fest had to be cancelled for 2014 because the organisers have commitments elsewhere it is unfortunate but hopefully it will be back on next year.

Thank you to all students who participated in the “Wear Orange for Harmony Day. It was wonderful to see so many students as well as staff supporting Anti-bullying and Multicultural diversity at AHS, all proceeds from that day went towards the SRC (School Representative Council).

The plans for a Community room are currently taking place it will be a place where parents can come and feel welcome in a friendly and open environment and participate in workshops, activities, meetings and be a part of any planning, organising and participation in school events. We hope that this will encourage more parents and community members to become involved in the many wonderful aspects of our school. It will also be a place where you can come and access information and resources from within the school and local community. We are hoping to celebrate the opening of the Community room with a morning tea during next term look out for dates and times in upcoming Airds Announcers.

As this term draws to an end we hope you will all enjoy the Easter break and remember our fallen soldiers on ANZAC day and don’t forget to wear your sprig of rosemary or a red poppy to show your support for our ANZACs.

Kia Manuia

Mrs M Varu
PICLO

FROM THE PASTORAL CARERS DESK

The end of first term is approaching. Our school community has been very busy this term with so much activity. We are very fortunate to have such dedicated staff; who as a team, continue to work tirelessly to support our students.

Airds High School has strong core values being Safe, Respectful, Learners. Which promotes excellence, responsibility, co-operation, participation, respect, fairness and caring for others. These values and focus are the foundations for our whole school community.

The April school holidays (which include Easter and Anzac Day this year) will be a welcome break and opportunity to recharge the batteries. The messages of hope and sacrifice that Easter and Anzac Day bring are worth thinking about and represent much we should be thankful for.

Although, the cultural diversity of our nation today is reflected in the many ways Australians spend these holidays. Some will spend time with family and friends, or relax on a beach, some will be working…and others will stand together in reverence!
How ever we choose to spend this time, we should be united and rejoice in the freedom and tolerance we all enjoy. These are precious values, and maybe we should be encouraged to take stock of our lives and our opportunities at this time.

Now, I'll ask you these questions…

Will you respect differences and accept others?

Are you going to show tolerance?

And will you stand strong to support these values of freedom and tolerance?

These qualities of decency are important to learn, practice and live in order to have a fair and caring society for all!

I would like to wish everyone a Happy Easter and safe, happy and restful holidays. Next term I will be at AHS on Wednesday. If I can be of any assistance please do not hesitate to contact me.

Until next time, cheers.

Mr R Hodgson JP

We are:

Safe
Respectful
Learners

SLSO's

“Tell me and I forget. Teach me and I remember.
Involve me and I learn.”

- Benjamin Franklin

New students to our school may not be familiar with the role of the SLSO in the classroom. Ms Addamo and Ms Hopwood are mainstream SLSOs and their job is to assist the student and the teacher to maximise learning potential in the classroom.

Ms Addamo supports Years 7, 9 and 11 and Ms Hopwood supports Years 8, 10 and 12. With prior arrangements, and written permission from their teacher, all students can book in with their SLSO’s for individual assistance. Ms Addamo and Ms Hopwood are more than happy to support any student achieve their learning goals within the values framework of safe, respectful learning.

Ms Addamo has been focusing on helping the Year 7 students settle into their new environment. The majority of the Year 7’s have settled down to become wonderful high school students, reflecting the school values. Ms Hopwood is busy preparing Year 12 students for their final months at school and helping them to achieve their learning goals.

NAPLAN examinations are conducted early in Term Two and both Ms Addamo and Ms Hopwood will be assisting with the administration of the exam.

The analysis of SMART data has provided an opportunity to establish clear goals for all our students and we are busy working towards improving outcomes for all students, focusing on literacy for all students in all years.

Ms Addamo & Ms Hopwood

CAREERS

Nura Gili Indigenous Winter School

Winter School is a program specifically for Indigenous students in Years 10, 11 and 12 who are considering further studies beyond high school. The week long residential program is designed to provide students with the opportunity to experience what university life is all about, through participation in academic lectures and tutorials, presentations, study sessions, team building activities, interacting with university staff, current students and fellow applicants, cultural activities and more.

When: Sunday 6th July to Saturday 12th July 2014

To add to the experience, accommodation is provided in colleges on campus and the whole program is at no cost to the student.

The subject areas offered for this year are:

- Built Environment (Architecture, Construction and Design)
- Business
- Education
- Engineering
- Indigenous Studies
- Law
- Medicine
- Performing Arts
- Science
- Social Work
- Visual Art

Applications are now open!

For more information please contact Nura Gili on (02) 9385 3805 or email winterschool@unsw.edu.au

www.nuragili.unsw.edu.au

PLEASE NOTE: the closing date for applications is 5 pm, FRIDAY APRIL 11. Incomplete or late applications cannot be accepted.
Australian College of Nursing Expo 2014

When: Saturday 10th May 2014
Where: Sydney Town Hall
483 George Street
Sydney (Enter Lower Town Hall via Druitt Street)
Time: 9am-1pm
Entry is free

ACN is excited to be hosting the 16th annual Nursing and Health Expos in 2014. Established in 1999, the ACN Nursing and Health Expos are the only event specifically dedicated to enhancing the profile of nursing as a profession and hence promote recruitment to and retention of the nursing and midwifery workforce. The 2014 expo series will showcase a range of educational institutions, healthcare providers, specialty nursing groups as well as equipment and lifestyle options.


THE HSC AND CAREERS EXPO 2014

When: THURSDAY 29th MAY & FRIDAY 30th MAY
SATURDAY 31 MAY & SUNDAY 1 JUNE
Time: 10AM – 3PM
Where: Royal Hall of Industries
Moore Park
Sydney

The biggest careers and education event in New South Wales.
For more information please visit
www.hscandcareers.com.au or call 1300 190 290

$5 admission fee for students in school groups attending on Thursday or Friday, general admission $10

Industry Experience Days 2014

Considering a career in games, 3D or VFX?
Industry Experience Days are a great opportunity to learn about the local and international game development, 3D animation and visual effects industries. Learn about the different pathways to get into the industry, what should be in a portfolio and get creative in practical workshops using industry-standard 3D animation and game development tools.

Registration is free for high school students in Years 11 and 12. The day runs from 10am to 3pm and lunch is included. Bookings are essential

Dates for the Experience Days 2014

- 16th April
- 9th July
- 1st October

For more information and to register, please visit:
www.aie.edu.au/ied

MG My Gateway
Current Traineeship & Apprenticeship Vacancies

Apprenticeship
Carpentry Apprenticeship – 1st, 2nd, 3rd or 4th Year
Location: Sydney CBD
Qualification: Carpentry Certificate III

NEW: Carpentry Apprenticeship – 1st Year
Drivers licence and own transport required
Location: Sydney – Must be able to travel all over Sydney
Qualification: Carpentry Certificate III

NEW: Plumbing Apprenticeship
1st, 2nd or 3rd Year
Drivers licence and own transport preferred but not essential
Location: Botany
Qualification: Plumbing Draining and Gasfitting Certificate III

Junior Landscaping Apprenticeship
1st Year
Driver’s license and own transport required
Location: Eastern suburbs and lower North Shore
Qualification to be undertaken: Horticulture (Landscaping) Certificate III

Traineeships:
Junior Medical Reception/Administration
PART TIME
Location: Campbelltown
Qualification: Business Administration Certificate III

Manufacturer / Installer of Outdoor Entertainment Traineeship
Location: Moorebank  
Qualification to be undertaken: Textile Fabrication Certificate IV  
Junior Childcare Traineeship  
Legally must be 18 Years+  
Location: Castle Hill  

For more information or to apply please visit:  
www.mygateway.org.au  
And click on 'Job Vacancies'  
1800 993 200  

UNIVERSITY FOR A DAY  
MyDay offers high school students the unique opportunity to experience a day in the life of a uni student. 
MyDay is designed so CSU’s Schools can showcase their courses to high school students who have expressed a particular interest in that area of study. These days aim to give students a taste of 'living and learning' on campus at CSU and the opportunity to find out about the courses available. Students will also receive key information about opportunities and support available to make their goals achievable.  
For further information on dates and courses please visit:  
www.csu.edu.au/go/myday  

Please keep in mind that Sydney Medical Service provides a HOME GP. A doctor comes to your house at your own convenience. All you need is your Medicare card. Booking line is open from 4pm week nights and from 10am Saturday morning. HOME GP is available weeknights 6pm - 8am and Weekends from noon on Saturday until 8am Monday. Public holidays it is opened 24 hours. (02) 8724 6300  

Please see Ms Fitas for any Careers Counselling or further information.  
Ms Fitas  
Careers Adviser  

SUPPORT REPORT  
'Together we can make a difference'  
Well we have almost made it through the first term! The staff and students have all worked very hard this term and will be looking forward to relaxing over the school holidays!  
The Support Unit has had a number of activities running this term, including Blue Hair day for Autism, Year 7 Camp, and a Canberra excursion!  
We celebrated Blue hair day for Autism on Wednesday the 2nd of April. The students were able to colour their hair blue, have blue accessories in their hair or wear blue wigs. We also cooked up a blue storm of cakes and sweets to sell to the students. This was all to raise awareness about Autism and raise money to support students with Autism. In total we raised $255. Thank you to all the staff and students that supported the cause, and a big thank you to Mrs Tailby for all her organisation in getting the day to run.  

In Week 9, some of our Year 7 students attended camp. This was a very wet but fun and rewarding experience! The students were able to face their fears in activities such as the flying fox, high ropes, caving, a giant water slide and who could forget Challenge Valley! Special mention must go to Mohamed Darwiche who excelled at all the activities! Also to Ryne Hallett for being a great friend to his peers when they were missing home. It was a great experience for all the students involved!  

This term the Support Unit has been learning about WW1 and WW2 as part of our History studies, so in Week 7 Gucci, Manolo and Bianco made a trip down to Canberra to visit the War Memorial. It was a long commute, but well worth it as the students were able to see and experience many aspects of the war. A BIG Thank You must be given to Mr Rob Williamson who kindly gave up a day to drive the bus for us.  

Unfortunately, we will be saying goodbye to Miss Byrne at the end of this term. We would like to thank Miss Byrne for all the hard work and effort she has put into working with the senior students. She has also been a great asset to the girls basketball team. At the beginning of Term 2, the Support Unit will welcome Miss Green as the newest permanent member of the team; she will be taking over the senior class. We are looking forward to working with her.  

As the term comes to an end, remember that learning has not, so classes will still be running as usual and students’ are expected to be following the school values of Safe, Respectful, Learners. We would like to wish everyone a happy and safe holiday break, and look forward to seeing everyone back in Term 2.  

Mrs B Basman  
Support Class Teacher  

SPORT REPORT  
2014 has started with a bang. We have had many keen and talented students being successful in a wide range of sports already this year. We have held our swimming carnival for the year. The weather was fantastic and we were all grateful for this. I must thank Stuart Ferderer our starter on the day for his hard work and dedication to our school swimming carnival. Thank you to all the staff for their efforts on the day. The 2014 sporting season has definitely started and I wish all our students the best in their chosen field.
Congratulations to the following students who have been successful in making the following Fisher Zone Teams.

**Boys Soccer**
Aurin Jones
Stefan Czarnowski
Jason Phoumivong
Jake Taylor

**Girls Soccer**
Brooke Pepper

**Boys Hockey**
Jake Taylor
Brock Baker
David Baker
Zac Dunn

**Girls Hockey**
Kimberley Gimbert
Samantha Gimbert
Alyssa Gimbert
Amy McDonald

**Netball**
Gabrielle Tuitea
Milly Turaganivolo

Congratulations to the following students who have been successful in making the following Sydney South West Teams.

**Volleyball**
Livingstone Meafua
Elijah Sa

**Rugby Union**
Seru Tamani
Leon Longbottom

**Swimming Carnival**
Our swimming carnival was held on the 27th of February at Bradbury pools. Congratulations to all the students who competed on the day. Congratulations to the following teachers who were successful in winning the teachers V students relay race; Mr Bromley, Mr Miranda, Mr Tyler and Mr Halliburton. Our standout performer on the day was Aidan Ferderer who broke 6 school records.

Congratulations to the following Age Champions

<table>
<thead>
<tr>
<th>Name</th>
<th>Age</th>
<th>Name</th>
<th>Age</th>
</tr>
</thead>
<tbody>
<tr>
<td>Raymond Mu</td>
<td>12</td>
<td>Casey Tidmarsh</td>
<td>12</td>
</tr>
<tr>
<td>Jake Ling</td>
<td>13</td>
<td>Brooke Pepper</td>
<td>13</td>
</tr>
<tr>
<td>Hassan Saleh</td>
<td>14</td>
<td>Madison Tidmarsh</td>
<td>14</td>
</tr>
<tr>
<td>Zac Gialanze</td>
<td>15</td>
<td>Jaymee Saunders</td>
<td>15</td>
</tr>
<tr>
<td>Aidan Ferderer</td>
<td>16</td>
<td>Emily Moore</td>
<td>16</td>
</tr>
<tr>
<td>Bryant Li</td>
<td>17</td>
<td>Kira-Leigh Moore</td>
<td>17</td>
</tr>
</tbody>
</table>
The following records were broken on the day

<table>
<thead>
<tr>
<th>Name</th>
<th>Event</th>
<th>New record</th>
<th>Old record</th>
<th>Year it was set in</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aidan Ferderer</td>
<td>16s 200mIM</td>
<td>2.38.78s</td>
<td>2.42.62s</td>
<td>2013</td>
</tr>
<tr>
<td>Aidan Ferderer</td>
<td>100 Freestyle</td>
<td>1.00.31s</td>
<td>1.21.30s</td>
<td>1994</td>
</tr>
<tr>
<td>Aidan Ferderer</td>
<td>50 Backstroke</td>
<td>33.94s</td>
<td>31.71s</td>
<td>1994</td>
</tr>
<tr>
<td>Aidan Ferderer</td>
<td>50 Breaststroke</td>
<td>39.06s</td>
<td>44.01s</td>
<td>1994</td>
</tr>
<tr>
<td>Aidan Ferderer</td>
<td>50 Butterfly</td>
<td>32.32s</td>
<td>50.78s</td>
<td>1997</td>
</tr>
<tr>
<td>Aidan Ferderer</td>
<td>50 Freestyle</td>
<td>27.31s</td>
<td>31.71s</td>
<td>1994</td>
</tr>
</tbody>
</table>

A special mention must go out to Aidan Ferderer. Not only can Aidan swim following a black line in a pool but he has made it to the National Championships for Open Water swimming. The 5km race start is more like a shark feeding frenzy, not a human swimming race. Unfortunately, it was not the result Aidan was looking for but the experience was invaluable.

Aidan has been busy, also attending the NSW All Schools Triathlon race at Penrith. Aidan had never competed in a triathlon in his life, so just finishing is a big achievement. When Aidan finished the swim component of the race he was in first. After the bike and run legs, Aidan finished in 27th overall and 6th place in the public schools. Next year Aidan, remember singlet goes on before your helmet. Good luck next year Aidan!

I would to thank all the teachers that have volunteered their time to coach/manage all of the various knockout teams at Airds High School in 2014. Without your support the students would not have an opportunity to play sport against other high schools.

Mr N Halliburton
Sport Organiser

**OPEN GIRLS SOCCER**

Earlier in the term our Open Girls Soccer team ventured to Bonnyrigg High School to compete in Round 1 on the KO competition. The day started on fire with 3 of the squad of 15 not turning up meaning on a hot summer’s day, we would only be playing with 1 substitution.

Despite being down on personnel and some experience in playing the game the girls persisted with a never say never attitude which transferred across in the game against an experienced opposition. Bonnyrigg took an early lead during the match streaking away to a 1 nil half time lead. Some tenacious defence by Killara Bell and Tanaya Phillips helped minimise the deficit at half time. In attack Brooke Pepper received a brilliant through ball by Taylor Devine-Liston only to see the ball bounce off the goal post and sail over.
A few changes at half time and pointers on what direction to kick the ball saw the girls come out even more determined than before. Again Brooke had an opportunity to level the score only to see a good save from the opposition goalie preventing Airds from levelling. Not long after Adde Liban-Wako scraped through some defence only to be denied once again by the opposition keeper. Bonnyrigg scored a late goal extending their lead to 2 nil which became the final score.

Excellent performances on the day went to Brooke Pepper, Jaymee Saunders and Killara Bell. The girls should be proud of the effort applied and hopefully with a little more training next year will see an improvement on this result. Special mention to Mr Latulipe who aided on the day without his help we may of only had 9 players so thank you.

Open Table Tennis

The Opens Table Tennis kicked off the 2014 KO Competition with a flyer. After training for 3 weeks which consisted of playing at recess daily and watching video sessions of Forest Gump. The team travelled out to Leumeah, taking on Leumeah High School in a Classic 7 Match Showdown. The boys all played an individual rubber. With Jake Taylor, Aidan Federer, Stefan Czarnowski each winning their singles games 3-0, 3-1, and 3-1 respectively. Killani Hillman narrowly lost his single match 3-2 with all games going to the wire in what can only be described as an epic encounter of table tennis. The result being 3-1 in the single matches. Needing only 1 result in the doubles to wrap up the contest, both doubles pairings won securing a 5-1 result. Well done to all the boys and commendation to the sportsmanship shown on the day.

Our next challenge is against one of the finalists from last year Chester Hill High School. A tough challenge but one that can be met.

Team: Jake Taylor, Aidan Federer, Stefan Czarnowski and Killani Hillman.

Coach
Mr Rosete

SCIENCE REPORT

Science was very pleased with the quality work displayed at the Year 7 showcase on 12/3/14. The Year 7’s efforts were admired by the many visitors on the night, with each visitor participating in the interactive board games based on Science safety as well as watching the student produced Scope episodes on the relationship between heat and temperature. All Science staff are very proud of the enthusiasm demonstrated by the students when completing this first assessment task.

Year 7 investigating expansion and contraction in class.
Year 8 have excelled with their first Science assessment task for 2014 with 5 students gaining a mark of over 90%. This impressive commitment to learning will ensure very positive results in the first semester report.

Unfortunately, the Year 9 Woolwash Ecosystem excursion was cancelled due to a lack of interest. Year 9 students have missed out on a valuable learning opportunity with local ecosystem experts in a beautiful and familiar setting.

Year 12 Biology and Senior Science students have been given extensive revision sheets ahead of their Half Yearly Examinations in Week 11. These revision sheets, along with the students own revision notes, should be completed well before the exam to prevent stress and burnout. Both exams are held Wednesday 9/4/14.

Science will be displaying our students hard work in the school administration block next term. Be sure to visit and be impressed with our students efforts.

Year 11 Biology investigating the relevance of surface area to volume ratio in cells.

Science Faculty

TAS/CAPA REPORT

Here is just a brief overview on what has happened during Term 1 in TAS and CAPA and of what is to come next term.

It was extremely pleasing to have our Year 7 students work on display during the Year 7 Showcase night. What was even more exciting was how proud students were to show off their fantastic work to their parents who attended the highly successful night. It was a great opportunity for our TAS and CAPA staff to meet parents and for parents to see what their child had accomplished in our subject.

Year 8 Technology Mandatory will see the end of the first rotation in Week 3 of Term 2. Starting from Week 4 on Monday May 19th students will rotate to their new Technology Mandatory teachers as follows:
- 8A – from Mr Lightfoot to Ms Vongsouvanh
- 8B – from Mrs Drakefield to Mr Lightfoot
- 8C – from Ms Vongsouvanh to Mrs Drakefield

Michel Tuffery is a renowned international artist who is creating a buzz in the local community with his Transforma project. For those who have noticed, he has set up a studio in the car park behind AB Central. As part of this project, Michel Tuffery has engaged our talented selected Year 9 and 10 students; Pelagia Dmitrieff, Elizabeth Peagam, Ashley Davis, Shain Krapjlanov-Sparks, Nadine Hakes and Justin Peachey to have the fortunate experience to take part in a Printmaking Workshop at school with Michel Tuffery himself. The 6 week program has been running every Thursday since March 6th. This allowed for our dedicated and talented students to sketch, create and produce their own individual Transforma designs to print onto C3West T-shirts. It has been a wonderful experience for all involved as the project draws to an end. Michel Tuffery's completed sculpture will be located in full display from the Riverside Drive entrance at our school. There is still plenty to report about in the next issue from TAS and CAPA but until then, have a wonderful break.

Ms N Vongsouvanh
Head Teacher TAS/CAPA
Year 7 Showcase Night

Printmaking Workshop
YEAR 8 REPORT
So what can be said for Year 8 in Term 1. Year 8 are mostly rising to the challenge of their second year in high school. We have a variety of students participating in variety of sports ranging from swimming, Rugby League, Soccer, Volleyball and Basketball. Students such as Blake Trudgen, Chantel Robinson, Hayley Stokes, Jennifer Clissold, all achieved excellence in the classroom. We have students participating in KYUP PROJECT, Burnside programs, Links to Learning and SRC all of which are school programs that help build the reputation of the school and instill skills required to achieve greater heights in life.
Year 8 seem to be rolling on with the routine of high school well. However, we can always encourage more from our kids and as Year Adviser I expect Year 8 to continue rising to the challenge. Most students will have assignments to work on during the holidays. They should be doing a minimum of 30min of study per night whether that be on homework set by teachers or reviewing important content so they are ready for exams in Week 5 next term. ‘Prior Preparation Prevents Poor Performance’, the better we prepare ourselves then the better equipped our students will be in the future to handle any challenge put before them.

Important events coming up next term: Exams, Cross Country, Athletics Carnival and Flag Ceremony.

Mr Rosete
Year 8 Adviser

The girls in Year 8 two weeks ago participated in the KYUP Project. KYUP, an initiative by Mel Thomas, looked to empower and equip young woman with the skills to deal with issues such as bullying and harassment. It was great to see these young ambassadors performing so well in the program and I can only hope that the important message Mel was providing hit home for some of the cohort. Thank you to Mr Clements who was able to organise the day for all to enjoy.
In Week 9 of Term 1, Year 7 students attended a camp at Cataract Scout Park. We had a big turn out with over half the year attending. I must thank Mrs Basman, Mr Miezio (junior) and Mr Wallace for giving up their time to attend and help out on camp. The first day of camp the weather wasn't very kind to us. For the majority of the day it was cold, wet and windy. The first day students learnt how to set up tents and participated in Challenge Valley. The students must be congratulated here as it was cold, wet and muddy, but all students had a go and completed the obstacles. The night activities saw students learning to work as a team through some team challenges set up by Mr Wallace.

Our second day the sun decided to pay us a visit which we all appreciated. Activities consisted of caving, high ropes, flying fox and water slide. Just before dark, Mr Miezio and Mr Wallace along with many students started to make a camp fire. This led into night activities such as eating marshmallows and playing spot light. Most of Year 7 were worn out by this stage and ready for bed. This made the teachers extremely happy considering there was not much of that the night before.

Our last day of camp allowed Year 7 to participate in one more activity before we would have to pack up and leave. Activities included high ropes or giant swing depending on what group they were with. Well done year 7, I hope you all enjoyed yourself on camp.
Overall the camp was a great success bringing all of Year 7 closer and making bonds that will last throughout their schooling career here at Airds High School. I would also like to thank all the staff who came and supported Year 7 throughout the camp. Our Year 7 Head Teacher Mrs Vongsouvanh, our Deputy Principal Mr Miezio and our Principal Mr McGuire. I also need to thank our bus drivers Mr Lightfoot and Mr Hodgson for getting us there and back in one piece.

Ms N Tate
Year 7 Adviser

YEAR 12 REPORT

Hasn’t time just flown by; we are now at the ordering stage for the jackets and should be finalising all nicknames and sizes by the end of the final week in Term 1. There will be a 6-8 week turnaround from the date of order to the delivery of jackets. With a bit of luck you have been putting away the funds required for the jacket over the last few months making it easier to make the final payment date of $100 for the 9th of May. The company and I ask that you keep to the scheduled payment dates as this will make the whole process go smoothly without any holdups.

A $45 deposit is due by the 11th of April which is the last day of term 1. If there are any issues with this you need to promptly let the front office know and work out a separate payment plan. If the payments are not in on time or there has been no payment plan worked out, our senior students will miss out on having their jacket ordered.

I would like to wish all our students the very best this week as they are sitting their Half Yearly Examinations. Hopefully our students have prepared well and studied hard thus making this experience less stressful for themselves, I also hope that all parents are making a few extra hot chocolates for those late night study sessions.

We ask that you give a little extra support during these stressful times for our students, as I know we all can appreciate what they are going through. We need to make sure all our students arrive promptly to all examinations (at least 15 minutes early), are in correct uniform and follow the guidelines for exam room behaviour. It is imperative that we have our students follow this and learn how to do this well for when it comes time for the actual HSC examination. During the HSC examination there are external examiners who are under strict rules and regulations for examination procedure which needs to be consistent across the state. If students are familiar with this behaviour expectation from the start it will come as no surprise to them during their final examinations and students will not be penalised for disorderly behaviour.

Again I wish all our students good luck, study hard and try to relax during this stressful occasion. I know that with the level of support on offer from both school and home they will be able to do just that. Lightfoot out.

Mr D Lightfoot
Year 12 Student Adviser

Year 12 Flexible Leave students can not come back on to school grounds once they have left
**VET REPORT**

Welcome back to another exciting year of VET. The 70 hours of work placement is an opportunity for the students to experience real life working environments and conditions that have been taught in the school. Please sign any forms promptly given to you for your child’s work placement. If you have any concerns of your child going out on work placement, please do not hesitate to contact the VET Coordinator or the VET Teacher. Subjects being taught in Year 11 VET are: Metals and Engineering, Construction, Retail, Sports Coaching and Hospitality and Year 12 VET subjects are: Metal and Engineering, Construction and Sports Coaching.

It is important that students are wearing the correct PPE (personal protection equipment) e.g. chefs uniform and the correct shoes e.g. lace up leather shoes, leather joggers with full leather uppers or work boots for their practical subjects. Any students not wearing the correct PPE or shoes will not be allowed to take part in the practical lessons and this could have an effect on the students’ competencies in their subjects.

Fees for students VET subjects need to be paid as soon as possible, as this allows the teachers to buy the resources needed to complete the practical components of their subjects. Please contact your students VET teacher of current fees to be paid.

Many Year 12 VET students are now completing their 2nd work placement. It is mandatory for students to complete

Ms P Coogan
VET Coordinator

**WELFARE REPORT**

KYUP! – Bullying Workshop

Tuesday the 18th March, Airds High students from Year 7 to Year 10 had the unique opportunity to participate in the KYUP Project. A huge thanks goes to Mr Clements who organised the experience for all female students in these years.

The KYUP Project is a unique Australian self defence initiative for woman and girls from age 12 that is supported by the Layne Beachley Foundation. Run by Mel Thomas the program aims at empowering and inspiring young woman to go beyond reactive fear and move into tough-minded, cool-headed and strong-hearted action.

The girls had the opportunity learn how to think, be aware and have a street-smart mindset to combat physical, mental and emotional self defense with real life scenarios and real life tools.

Mr Rosete
PEER SUPPORT REPORT

Peer Support Leadership training was successfully held on Friday 21st March, 2014. The 28 Year 10 participants delighted Mr Buckley and Mrs Holmes with their maturity and enthusiasm for the training.

The training involved the students developing their leadership skills such as empathy and self-confidence ahead of working with the Year 7 students. The Year 10’s demonstrated their ability to compromise in groups during a pizza making challenge enjoyed by all.

Each Year 10 student will be paired with a fellow Peer Support Leader, and will be in charge of leading a small group of Year 7 students through a variety of active and interesting tasks to develop positive relationships and resilience during Peer Support next term.

A big thank you to our school leaders, and past Peer Support Leaders, Meaghan Noom, Stephanie Naicori and Catherine Tofilau for assisting on the day. These ladies provided thoughtful and valuable advice based on their experience of leadership for our future school leaders.

Ms M Holmes
Peer Support Coordinator

ENGLISH REPORT

The term has flown by and we are wholly embracing the new Australian Curriculum in Years 7 and 9. We welcome back Mr McDonnell who travelled to South America and the Antarctic for a nice break.

The Year 7 Showcase was a very successful event for our students. Their work was innovative and exciting – and there were many pleased students and parents in attendance. Well done to all students and congratulations to Ms Rix, Ms Cruz, Mrs Boyce and Mrs Barker.

This year we have entered three teams in the Premier’s Debating Challenge – one in each stage. What an amazing coordinator we have in Mr Buckley. He has successfully run a series of debating workshops to assist our great speakers. Good luck in the coming term.

The Year 12 Half Yearly exams are underway and we wish our students every success at this important time. Just remember that the teachers are always there to help you.

Year 11 have completed their Area of Study and will move on to their first module next term. Year 7 to 10 will be studying thematic units with a shared focus on “Connections” that can be made in texts.

A letter has been sent home to all students in Years 7 and 9 advising of NAPLAN in Week 3 of Term 2, 12 – 14 May. A copy is also attached to this newsletter.

Have a great break.

Mrs Barker
HT English

FOOTBALL UNITED

It has been a very busy start to the year for the Football United program. Football United uses the magic of football to bring people together for the common goal of creating harmonious and cohesive societies. They aim to build capacity of communities and improve the skills of people in diverse areas that includes high proportions of refugee, migrant and Indigenous Australian children, youth and families.

It is with great pleasure that I announce that Aurin Jones in Year 9 has been selected to participate in the Football for Hope Festival in Brazil from the 1st - 13th July. He is one of 6 students from South Western Sydney schools who will be attending and representing Australia in the 32 team format. It is a similar run format to the World Cup draw. Aurin was chosen because he has shown commitment to the program, great leadership qualities and responsibility. He has several duties and events that must be adhered/attended to such as training sessions every Sunday. Media
Launches/Press Conferences as well as fundraising. I ask that the local community gets behind Aurin and supports him where possible.

A number of students in the Football United program were invited to attend the Harmony Day match with Sydney FC taking on Brisbane Roar at Allianz Stadium on Friday 14th March. Participants and their families got to not only see a great game but many of our students carried relevant flags from their home countries to celebrate multiculturalism and diversity.

The Football United After School Training program recommences in Week 2 of next term. This is a fantastic opportunity for the students to have some fun after school and learn some soccer skills **(also it is absolutely free!!)**. Students from our local feeder primary schools John Warby, Briar Road, Bradbury and Woodland Road as well as Airds High School students are welcome to attend. Sessions run every Monday afternoon during the school term from 3:15pm – 4:30pm on the back oval at Airds High School with Stuart and his team of coaches. If you want more information or a permission note contact the Sport Organiser at your primary school or Ms Simms or Mr Miezio at Airds High School on 4625 5811. There is a flyer in this issue of the Airds Announcer.

A number of students commenced the Creating Chances Program with Football United on Wednesday 2nd April. There will be more to report on this in the next issue.

If you have any questions about the Football United program, please do not hesitate to contact Ms Simms or Mr Miezio.

**SRC REPORT**

Term 1 has been a very busy term for the SRC. Early on in the term, the SRC kicked things off with a bang with their annual Valentine’s Day fundraiser. Hundreds of roses were sold as part of this fundraiser, and the SRC was able to raise over $300. I would like to congratulate all SRC members for helping out with the wrapping and selling of the roses, because without their efforts, Valentine’s Day would not have been as successful.

Recently the SRC also held a MUFTI day to celebrate Harmony Day. To encourage equality and acceptance of diverse cultures, students were asked to wear something orange to promote Harmony Day. The proceeds that were raised through this MUFTI day were used to help fund the school Disco.

Last week the SRC held their first Disco of the year, giving it the theme “Swag Vs Geek”. Over 80 students attended the Disco, and the night was a huge success! Through the sales of glow products and food/drinks, over $400 was raised. All proceeds from this event will go towards the Talented Athlete Program. I would like to thank the Senior
Boys Football Team for helping out on the night and for creating such a fun and energetic atmosphere.

Finally, Year 7 students wishing to try out for the SRC gave their speeches to their year group last week. I would like to say how impressed and proud I am of all the students who had the courage to get up and speak in front of their peers. The speeches that were delivered were of exemplary quality! Based on the votes of Year 7, the following students were chosen as SRC representatives for 2014:

- Bailey Fletcher-Colvin
- Noelle Aiga
- Maria Lilomaiava
- Caitlyn Vidovic-McCarthy
- Elenora Taala
- Brownwyn Hardy-Fisk (Aboriginal Education Representative)

Please be reminded that SRC meetings are held straight after assembly on Mondays in Mr Wallace’s classroom. I hope everyone has a safe and enjoyable break.

Mr Wallace
SRC Coordinator

ABORIGINAL EDUCATION REPORT

We have had a few changes to the Aboriginal Education Team in 2014 with Bobby-Ann Trindall on maternity leave. Our team is now comprised of:

- Mr Jason Sampson: Aboriginal Education Officer (shared with Briar Road Public School)
- Ms Nancy Hooley: Aboriginal Learning Support Officer (for the Norta Norta program)
- Ms Lisa Chesterfield: Aboriginal Learning Support Officer (based in the Support Unit)
- Mr Leon Latulipe: Teacher (for the Norta Norta program)
- Mrs Julie Fuller: Aboriginal Education Co-ordinator

Please be aware, at various times in the year Jason and Nancy may be unavailable due to study commitments. Jason is also shared with Briar Road PS and spends most afternoons over at the primary school. If you need to contact Jason, mornings are best. Bobby-Ann will return later this year.

Already this term our staff have had two staff meetings dedicated to Aboriginal Education. The first with a focus on the development of Personalised Learning Plans (PLPs) for our Aboriginal students. This session was delivered collaboratively by the regional Aboriginal Education Team. As this process evolves, early next term we will be inviting all parents and carers of our Aboriginal students to our school to develop the PLP for each child. We look forward to working closely together to complete this task.

The second staff meeting was led by the talented Mr O’Neill and he delivered a thought provoking presentation on why Aboriginal Education is important. Whilst this was thoroughly engaging for staff, his message was clear – we can right the wrongs of the past through education. As a school, with the Australian Curriculum and a new Aboriginal Education Team, we look forward to improving the shared understanding of Aboriginal culture, history and identity across our whole school.

The Norta Norta program has been successfully funded again this year. This means that Ms Nancy Hooley will be in junior classes to support those students who did not meet the literacy and numeracy benchmarks in the NAPLAN tests in 2013. Mr Leon Latulipe will continue to support our senior students through individual tuition in non-timetabled (Senior Study) periods. We also have the additional support of Ms Burgess fulfilling this role.

Ms Lisa Chesterfield has continued with the SistaSpeak program and has worked with John Warby PS and Briar Road PS to collaboratively deliver the program. Lisa has done a sensational job in organising and facilitating the program and I look forward to the expansion of the program in Term 2.

Mrs J Fuller
Aboriginal Education Co-ordinator

ATTENDANCE REPORT

A goal of the welfare team this year has been to try and maintain students above 85% attendance. If students are above this legal milestone they are giving themselves every opportunity to successfully complete outcomes in class and foster positive habits for the future.

As a school collectively, Classroom teachers, Year Advisers, Head Teachers & Deputies have been increasing the communication to parents through regular phone calls. This extra commitment has seen an increase in our attendance figures.

Parents can help by making sure that when your child is absent from school a phone call to the office or note from a doctor or home is brought back the next school day attended.

The following students have all been recognised for their excellent attendance this year in 2014 achieving 100% attendance:

**Year 7**
- Bailey Fletcher-Colvin
- Luki Mu
- Raymond Haewood Mu

**Year 8**
- Jasper Ferlito
- Phillip Foster
- Noreilsyn Fuimaono
- Tamara Harland
- Gabrielle Turanganivolo

**Year 9**
- Trac Hoskins
- Jason Kasemsuk
- Ethan Rutledge-Draper

**Year 10**
- Matthew Grace
- Liam Stark
DEPUTY PRINCIPAL’S REPORT YR 8, 10 & 12

By the time this edition is printed Term 1 will be nearing to an end. It has been an extremely busy but yet productive term. At this point, there are several highlights that I would like to mention and recognise.

Our first school disco for 2014 was held on April 4 and was a huge success. I would like to thank Mr Wallace and the SRC for all of their work in making this event so enjoyable for all of the students. It was great to see so many students being rewarded for being safe, respectful learners throughout Term 1 and keeping their attendance above 85%. Congratulations to all concerned. We hope that this event continues to be well supported by students.

Year 12 are currently completing their half-yearly exams and will receive their reports early Term 2. I encourage all students to use these exams as the basis for improvement – ask your teachers where you went wrong and what you can do to improve. Use the next two terms to make sure you are asking your teachers as many questions as you can to ensure that you are as prepared as you possibly can be for those external HSC exams.

Mr Wagner and his Senior Review Team carried out reviews on Year 12 performance. Students who were causing concern across a number of subject areas were interviewed and a plan of action put in to place. If your child was interviewed, you should have received a letter outlining the concerns. It is of great importance that you discuss these concerns with your child and encourage them to complete the outstanding tasks over the holidays. We don’t want to get to the end of the year and have students not receive their HSC because they did not complete all of the necessary classwork and assessment. Now is the time to act. If your child needs any assistance, they just need to see their class teacher or the head teacher of the subject.

Finally, congratulations to all students who have kept their attendance above 85% for Term 1. Hopefully, many more can do this in Term 2. I hope that you all have a wonderful break and look forward to working with you all again in Term 2.

Mrs J Fuller
Deputy Principal

DEPUTY PRINCIPAL REPORT 7, 9, 11

It is hard to believe that we are at the end of first term already. I would like to thank all staff for their hard work and dedication in providing a supportive learning environment for the students of Airds High School.

Year 7 Showcase
Firstly I would like to acknowledge all of the Year 7 parents and students that attended the Airds High School Showcase on Wednesday 12th March where each KLA presented material representing the Relationships unit. I was very impressed with the quality of work that was on display. The tour of classrooms & facilities was very successful with a lot of questions and interest shown.

Flexible Leave for Year 12 students is only at the start and end of the day
Football United

I would like to promote the Football United after School Community Soccer Program. Football United uses the magic of football (soccer) to bring people together for the common goal of creating harmonious and cohesive societies. Every Monday afternoon starting Week 2 Term 2 between 3.15pm & 4.30pm students get to participate in football activities run by trained coaches and mentors in a fun supportive environment. It is open to all students that attend Airds HS (Year 7-9), Briar Rd, Bradbury, John Warby & Woodland Rd Public schools. Flyers have been distributed to all school with further details. It is free, so come along and join us.

I would also like to congratulate Aurin Jones in Year 9 who has been selected to participate in the Football for Hope Festival in Brazil from the 1st - 13th July. He is one of 6 students from South Western Sydney schools who will be attending and representing Australia in the 32 team format. It is not only a great opportunity for Aurin but also for Airds HS and our community. I ask that the local community gets behind Aurin and supports him where possible.

A number of students commenced the Creating Chances Program with Football United on Wednesday 2nd April.

For further information about football united you can go to www.footballunited.org.au

UWS PATHE (Pacific Achievement to Higher Education)

UWS Pathe coordinator Andrew Kaleopa will be working with Pacific students from AHS from years 7-12 throughout 2014 and recently held a workshop for students from years 7-8. The focus was on getting the students to start thinking about their future and taking those first steps, some topics included

- Realising your potential
- The importance of goal setting
- Preparation is key

MacarthurParents.com

MWLP is committed to supporting Macarthur parents and families and encourages parents, carers and grandparents to regularly visit this website to view up-to-date information and opportunities to engage with child development experts and other parents. As an MWLP initiative, this site has been created for you as a parent, carer and grandparent to find career information, connect with other parents, find out what’s happening in the local community, connect with career professionals and become a partner in learning.

Mr J Miezio
Deputy Principal

If your child is absent from school, we need a note to explain the absence WITHIN 7 DAYS – this is a legal requirement otherwise the absence will be marked as unjustified. Thank you for your co-operation.
Wow, what a term, the past 11 weeks have just flown by and our school has accomplished so much already. Our students have thrown themselves into their studies and experienced success on the sporting fields, in the creative arts and in the area of leadership. If our students and staff can maintain their current level of enthusiasm and dedication, this truly will be an amazing year for the community of Airds High School.

On Wednesday 26th March, I had the pleasure of introducing the 17 Year 9 students who will be representing Airds High School in the UWS “Fast Forward” program. The program has been designed to target students with academic potential and then encourage and support those students to continue with their educational journey through to university. I would like to publicly acknowledge the following students: Nora Al-Katify, William Barrett, Alex Bustescu, Pelagia Dmitrieff, Jason Kasemsuk, Jaydan Kelly, Aurin Jones, Mackauley Jones, Makayla Larkin, Holly Moutelik, Elizabeth Peagam, Jaymee Saunders, Christopher Santoro, Vanessa Siitia, Melissa Simpson, Sione Teisi and Mathew Westall. Congratulations to these students and to their families.

Last year Aidan Ferderer was selected for the inaugural ABCN scholarship. He was one of only six students selected from a pool of candidates that incorporated schools from all around Australia. The panel was so impressed by the quality of applications that they received from our school, that they also decided to recognise Festus Vyimana and he has received a voucher for Office works. Both Festus and his family should be proud of this achievement and recognition.

As I have previously mentioned our school has been working in partnership with Campbelltown Arts Centre, the Museum of Contemporary Arts, Campbelltown Council and Michel Tuffery to complete the “Transforma Project”. The finished sculpture which is currently under construction behind AB Central will be permanently displayed within our school ground on the Riverside Drive side of the school. This sculpture will be a constant reminder to the community that we have a social responsibility to our children to recycle and not dump unwanted items. The following students need to be recognised for their tireless efforts and the quality work that they have produced thus far; Justin Peachey, Shain Krapljanov-Sparks, Elizabeth Peagam, Pelagia Dmitrieff, Ashley Davis and Nadine Hakes.

On Monday 7th April, I had the pleasure of attending the Rotary Club’s Youth Excellent Awards at Wests Leagues Club. It was a pleasure to sit at a table and break bread with staff, students and community members. To be nominated is an achievement in itself but both our nominees were selected to receive major awards. It was absolutely fabulous to see the sheer joy, surprise and pride displayed on the faces of everyone at our table. Well done to Kimberley Gimbert (Highly Commendable Achievement) and Aidan Ferderer (Excellence in Sport & Roy Boal Award). These students would have not been recognised had it not been for the dedication and hard work of Ms Nicole Tate, so on behalf of Aidan, Kimberley and their families I would like to publicly recognise and thank Ms Tate for her tireless effort in promoting our talented students.

The school held its first disco for 2014 on Wednesday 2nd April. Mr Wallace and his small but dedicated team did a fantastic job and all of those attended had a great time. Mr Wallace assures me that this was our best disco ever, so the challenge has been thrown down for next time. All of
the money raised is going to help our Year 12 students with their fundraising efforts.

On Wednesday 2nd April, our school held its first ever Autism Awareness Day. The idea was to raise awareness for autism, particularly within our school community, by the wearing of blue. The initial idea was raised at a previous P & C meeting and recognition should be given to Belinda Trudgen for her efforts in starting the ball rolling. The Support Unit came on board very quickly motivating all staff to become involved through the wearing of blue clothing, the baking of blue cakes and even the wearing of blue wigs. Fortunately for yours truly there were no pictures available at the time of going to print. Debbie Tailby did a superb job of collecting all the donations and our school raised $250.00 which will be forwarded to the Autism society.

Last but not least I need to mention our 40th anniversary dinner which will be held on Saturday 6th September at Wests Leagues Club. More information will be made available early in Term Two. Please mark this date in your diaries as I am sure that it will be an event not to be missed!

I wish everyone a safe and relaxing holiday and I am looking forward to seeing you all next term, at one of our school functions.

Mr S McGuire
Principal

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**CYBER BULLYING**

Advice for students who are attacked on Facebook or other sites

1. Don’t respond. Bullies like getting a response.

2. Tell someone. Use Facebook’s Trusted Friend tool to send a copy of the abuse to someone you trust and who can help. This also generates a report to Facebook.

3. Document or save the content as it may be needed as evidence.

4. If you are feeling upset – talk to someone about how you are feeling. If you want to do this anonymously contact the Kids Helpline.

Why active kids are less likely to be cyberbullied

We all know that getting kids off the computer and outside to play is important for their health. But researchers have found kids who do extracurricular activities tend to be safer online, encounter less cyberbullying, and are more resilient to harassment if it occurs.


**Cyber Safety Tips - Managing Facebook**

Students may make comments on Facebook that go against the agreement they have with Facebook. Parents should be aware of the following aspects of the Facebook agreement. Facebook users must not:

- be under the age of 13 years
- provide false personal information or create an account for anyone else without permission
- create more than one personal profile
- share passwords, let anyone else access your account or do anything that may jeopardise the security of your account
- upload viruses or other malicious code
- solicit login information or access an account belonging to someone else
- bully, intimidate or harass any user
- post content that is hateful, threatening, pornographic, incites violence or contains nudity or graphic gratuitous violence
- do anything unlawful, misleading, malicious or discriminatory
- tag users or send email invitations to non-users without their consent
- post content or take action on Facebook that infringes or violates someone else’s rights or otherwise violates the law
- post anyone’s identification documents or sensitive financial information
- facilitate or encourage any violations of the agreement.

Facebook can disable an account or remove any content or information if they believe it violates the agreement. Once an account has been disabled users must not create another account without the permission of Facebook.
School starts at 8:30am EVERY day. Please ensure your child arrives to school before this time EVERY day. If they are late, they MUST bring a note from you explaining the lateness. Thank you for your co-operation.

COMMUNITY NEWS

Bridges for Youth works with young people in the Macarthur area. Workers offer support, advice and referral to work through presenting concerns. AHS student Elvis Oloaga attended the Links to Learning program and won the competition to design a logo for Bridges for Youth, his artwork is pictured below.

FREE fun program to help kids become fitter, healthier and happier!

Do you have children 7-13 years old? Are you worried about their weight?

The Go4Fun program is a free healthy lifestyle program to improve health, fitness, self-esteem and confidence in children above their ideal weight.

Go4Fun runs for 10 weeks over the school term for children and their parents. Sessions include games, activities, tips on healthy food, label reading, portion sizes plus much more!

South Western Sydney Local Health District has 15 places on the program in your local area, completely free of charge.

To find out more contact 1800 780 900 or Leah Choi Tel: (02) 97802811 or visit http://www.sswahs.nsw.gov.au/populationhealth/Go4Fun.html where you can also register.
SCHOOL DISCO